

LITTLE HUSKIES TRADITION

THE "HUSKIE HULK" HAS BEEN A FEATURED TRADITION AND MASCOT FOR THE LITTLE HUSKIES WRESTLING CLUB SINCE 1976. THE ORIGINAL DOORS WHICH THE "HULK" IS PAINTED ON CAN BE FOUND ON COACH POWELL'S CLASSROOM AT OAK PARK AND RIVER FOREST HIGH SCHOOL.



AND INTERNATIONAL LEVEL EVENTS.

FORMER LITTLE HUSKIE PETE KOWALCZUK PLACED FIFTH AT THE 2008 USA OLYMPIC TEAM TRIALS, ONLY ONE YEAR REMOVED FROM THE LITTLE HUSKIES.

SINCE 2007, NEARLY 20 FORMER LITTLE HUSKIES COMPETED ON BOTH THE ILLINOIS CADET AND ILLINOIS JUNIOR NATIONAL CHAMPION DUAL TEAMS.

SINCE 2007, FOUR FORMER LITTLE HUSKIES WRESTLERS WERE CROWNED GRECO-ROMAN NATIONAL CHAMPIONS.

SINCE 2002, NEARLY 30 LITTLE HUSKIES HAVE QUALIFIED FOR THE ILLINOIS HIGH SCHOOL ASSOCIATION STATE TOURNAMENT, CULMINATING IN MORE THAN 10 PLACEWINNERS.

LITTLE HUSKIES IS ONE OF ILLINOIS'S OLDEST AND MOST DECORATED KIDS WRESTLING PROGRAMS. SINCE 1998, MORE THAN 20 FORMER LITTLE HUSKIES HAVE COMPETED IN WRESTLING AT THE COLLEGIATE LEVEL, EARNING NEARLY 10 ALL-AMERICAN HONORS. CURRENTLY, EIGHT FORMER LITTLE HUSKIES WRESTLERS COMPETE IN COLLEGE

BECOME A LITTLE HUSKIE



THE LITTLE HUSKIES WRESTLING CLUB INVITES ATHLETES AGES 5 TO 14, WEIGHING FROM 40 TO 275 POUNDS, TO BE PART OF A FUN, CHALLENGING AND HISTORIC WRESTLING PROGRAM.

LITTLE HUSKIES PRACTICES TAKE PLACE IN THE SAME ROOM AS THE 2009 IHSA STATE CHAMPIONS LOCATED AT OAK PARK AND RIVER FOREST HIGH SCHOOL, 201 N. SCOVILLE AVE., IN OAK PARK.

REGISTRATION

TUESDAY, OCTOBER 27 AND THURSDAY, OCTOBER 29 AT 7:00 P.M. IN THE MONOGRAM ROOM OF THE O.P.R.F. FIELDHOUSE. EACH NEW ATHLETE **MUST** SUBMIT A PHOTOCOPY OF THEIR BIRTH CERTIFICATE UPON REGISTRATION!

FIRST DAY OF PRACTICE

TUESDAY, NOVEMBER 10 AT 6:30 P.M.

PARENTS MEETING

TUESDAY, NOVEMBER 17 AT 7:00 P.M.

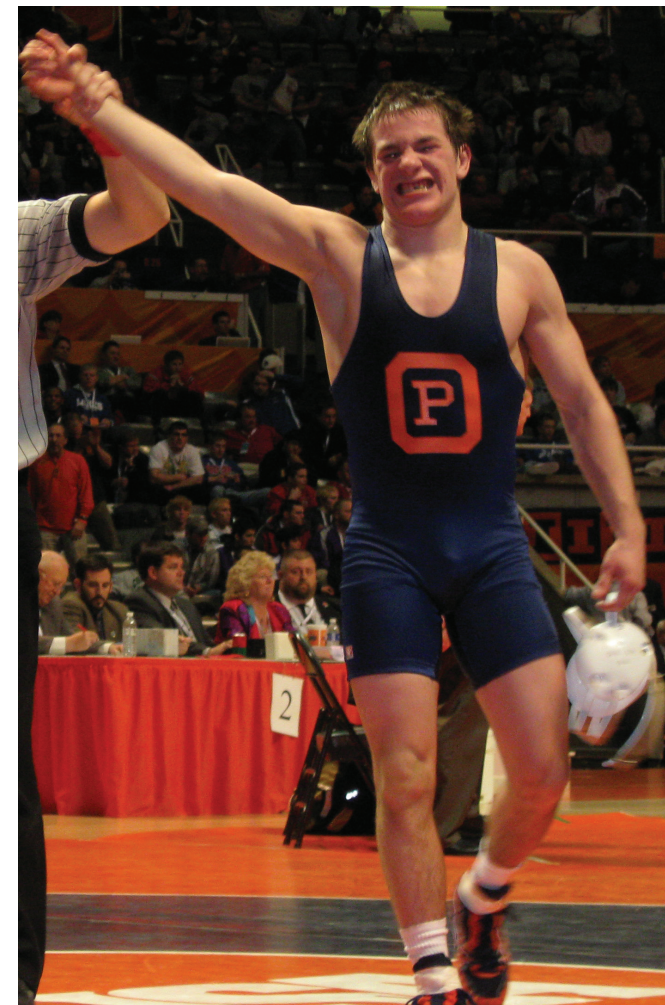
FEES

\$115.00 (INSURANCE IS INCLUDED)
A \$10.00 DISCOUNT IS PROVIDED FOR ADDITIONAL CHILDREN FROM THE SAME FAMILY. FINANCIAL ASSISTANCE IS AVAILABLE TO FAMILIES IN NEED. OPTIONAL WARM-UPS MAY BE ORDERED WITH REGISTRATION FOR AN ADDITIONAL FEE.

CONTACT

COACH MIKE POWELL -- 773-715-9952
COACH MATT MCDERMOTT -- 847-917-8286
EMAIL: LITTLEHUSKIESWRESTLING@YAHOO.COM
WEBSITE: WWW.LEAGUELINEUP.COM/LITTLEHUSKIES/

LITTLE HUSKIES WRESTLING CLUB



A CHAMPIONSHIP TRADITION

2009 IHSA STATE CHAMPION
AND FARGO ALL-AMERICAN, NICK DARDANES

DISCOVER WHAT WRESTLING CAN DO FOR YOU!

BECAUSE WRESTLERS ARE GROUPED BY WEIGHT, AS WELL AS BY AGE, WRESTLING PROVIDES ATHLETES OF ALL SIZES A CHANCE TO PARTICIPATE AND PROGRESS IN BOTH INDIVIDUAL AND TEAM COMPETITION. IN FACT, ALL LITTLE HUSKIES WRESTLERS WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN THE STATE SERIES AT THE END OF THE SEASON.

WHILE IT BEARS NO RESEMBLANCE TO THE THEATRE SPECTACLE POPULAR ON TELEVISION, AMATEUR WRESTLING DOES PROVIDE PARTICIPANTS WITH:

WELL-ROUNDED PHYSICAL DEVELOPMENT
ADDED SELF-CONFIDENCE
NEW FRIENDS
INCREASED SELF-RESPONSIBILITY

AS THE "WORLD'S OLDEST SPORT," WRESTLING TRACES ITS ROOTS BACK FOR MORE THAN 5000 YEARS. A FEATURE EVENT IN THE PENTATHLON OF ANCIENT GREECE, WRESTLING WAS INTRODUCED TO THE OLYMPIC GAMES IN 708 B.C.

FROM PRESIDENTS GEORGE WASHINGTON, ABRAHAM LINCOLN AND TEDDY ROOSEVELT TO ACTORS ASHTON KUTCHER, MARIO LOPEZ AND TOM CRUISE, AS WELL AS PROFESSIONAL ATHLETES SUCH AS STEPHEN NEAL, OLIN KREUTZ AND RANDY COUTURE, WRESTLING HAS PRODUCED OUTSTANDING LEADERS IN ALL WALKS OF LIFE.



TWO-TIME FARGO NATIONAL CHAMPION, FOUR-TIME ALL-AMERICAN, THREE-TIME ALL-STATE AND LITTLE HUSKIE, ELLIS COLEMAN



AS ONE OF THE OLDEST AND MOST SUCCESSFUL YOUTH WRESTLING PROGRAMS IN ILLINOIS, THE PURPOSE OF THE LITTLE HUSKIES WRESTLING CLUB IS TO INTRODUCE CHILDREN TO THE SPORT OF WRESTLING. OUR EMPHASIS IS ON HAVING FUN WHILE LEARNING THE APPROPRIATE FUNDAMENTALS AND TECHNIQUES OF THE SPORT. ALL CHILDREN WILL HAVE THE OPPORTUNITY TO COMPETE REGULARLY WITH OPPONENTS OF THEIR ABILITY LEVEL, AGE AND WEIGHT.

PARTICIPANTS WILL PRACTICE OR COMPETE TWO, THREE OR FOUR TIMES PER WEEK. ALL PRACTICES, ALONG WITH COMPETITIVE EVENTS, ARE HELD UNDER THE SUPERVISION OF OUR ALL-VOLUNTEER COACHING STAFF, WHO HAVE STATE, COLLEGIATE AND NATIONAL LEVEL COMPETITIVE AND COACHING CREDENTIALS.

REGISTRATION FEES INCLUDE:
MEMBERSHIP IN THE LITTLE HUSKIES ILLINOIS KIDS WRESTLING FEDERATION
MEMBERSHIP IN USA WRESTLING
SECONDARY INSURANCE COVERAGE
UNIFORM RENTAL
INDIVIDUAL AWARDS

WRESTLING FOR FUN AND FUNDAMENTALS

THE ILLINOIS KIDS WRESTLING FEDERATION (IKWF) COORDINATES THE SECOND LARGEST KIDS FOLK STYLE WRESTLING COMPETITION IN THE UNITED STATES WITH NEARLY 13,000 WRESTLERS, 3,000 COACHES COMPETING FOR MORE THAN 250 TEAMS.

MOST TOURNAMENTS DIVIDE WRESTLERS INTO AGE GROUPS OF 8 AND UNDER (BANTAM), 8-10 (MINOR), 10-12 (NOVICE), AND 12-14 (SENIOR). THE BLOCKED WEIGHT SYSTEM USED AT MOST EVENTS ELIMINATES THE REQUIREMENT TO MAINTAIN SPECIFIC WEIGHT CLASSES. COME THE STATE TOURNAMENT IN MARCH, SENIOR AND NOVICE LEVEL WRESTLERS COMPETE IN ONE 18 WEIGHT CLASSES REGULATED FOR SAFETY BY THE IKWF.



LITTLE HUSKIE STATE CHAMPION SAM BROOKS WAS A DOUBLE RUNNER-UP IN FREESTYLE AND GRECO AT THE 2009 FARGO CADET NATIONALS.

"DISTRIBUTION OF INFORMATION BY COMMUNITY GROUPS IN ACCORDANCE WITH DISTRICT 97 POLICY DOES NOT IMPLY DIRECTLY OR INDIRECTLY THAT THE CONTENT OF THE MATERIAL IS SANCTIONED, SPONSORED, OR ENDORSED BY THE DISTRICT, THE BOARD OF EDUCATION, OR THE SUPERINTENDENT.**"